

DOS TAEKWONDO RULES & REGULATIONS

- ✦ When first entering the Dojang, bow to the instructor, then to the flag.
- ✦ After breaks, when re-entering you should bow to the flag only.
- ✦ All students are to attend training in full Taekwondo uniform.
- ✦ Nominated higher belts are in charge when Master Instructor is not available.
- ✦ Students are to only attend allocated class times unless prior arrangements have been made.
- ✦ An appropriate level of respect is to be maintained amongst the students and instructor.
- ✦ Inappropriate or aggressive behavior will not be tolerated.
- ✦ Grading and competition deadlines must be adhered to.
- ✦ Strictly no changing or food allowed upstairs.
- ✦ No shoes allowed upstairs. All footwear to be placed on shelves downstairs.
- ✦ The Dojang is to be kept clean and tidy at all times.
- ✦ Training equipment should be returned to its correct location.
- ✦ Spectators and friends are to remain downstairs.
- ✦ Non - Members under the age of 14 are to be supervised downstairs at all times.
- ✦ STAIRS ARE TO BE KEPT CLEAR FOR SAFTEY REASONS
- ✦ Above all Taekwondo should be an enjoyable activity for all involved.